














































Oxyg'hem 2026

Podiums catégories Course Populaire - 5Km






| Classement | Dossard | Nom Prénom | Nat. | Année | Sexe | Club | Tps Réel | Tps Off. |
|-------------------------------|---------|--------------------------|---|-------|------|---------------------------|----------|----------|
| Course Populaire - 5Km | | | | | | | | |
| Minimes Filles | | | | | | | | |
| 1. | 5666 | DUBOIS, Capucine |  | 2011 | F | | 25:23 | 25:35 |
| 2. | 5667 | DESCAMPS, Victoria |  | 2011 | F | | 25:24 | 25:36 |
| 3. | 5346 | BIRO, Isis |  | 2011 | F | | 26:09 | 26:16 |
| 4. | 5557 | CHRISTIAENS, Lylou |  | 2011 | F | | 28:36 | 28:43 |
| 5. | 5372 | LECLERCQ, Tess |  | 2011 | F | Hem Sport Basket-ball | 28:32 | 28:47 |
| Cadettes | | | | | | | | |
| 1. | 5631 | ARNAUD, Heloise |  | 2009 | F | HEM ATHLETIC CLUB | 19:58 | 20:00 |
| 2. | 5177 | DEHONDT, Myrtille |  | 2010 | F | S/L AC VILLENEUVE D'ASCQ | 19:58 | 20:01 |
| 3. | 5476 | DUPONT, Apolline |  | 2010 | F | S/L ASPPT LILLE METROPOLE | 20:25 | 20:26 |
| 4. | 5486 | BETRICHE, Séphora |  | 2010 | F | ATHLE HALLUIN-VAL-DE-LYS | 21:14 | 21:15 |
| 5. | 5181 | SCAMPS, Sarah |  | 2010 | F | S/L AC VILLENEUVE D'ASCQ | 22:18 | 22:22 |
| Juniors Femmes | | | | | | | | |
| 1. | 5232 | PERAMATO, Cléo |  | 2008 | F | VAFF | 19:30 | 19:33 |
| 2. | 5002 | PROUVOT, Jeanne |  | 2008 | F | S/L AC VILLENEUVE D'ASCQ | 20:48 | 20:51 |
| 3. | 5633 | DANSETTE, Thais |  | 2008 | F | HEM ATHLETIC CLUB | 21:18 | 21:21 |
| 4. | 5552 | DEYZAC, Capucine |  | 2007 | F | | 22:20 | 22:21 |
| 5. | 5252 | DECOOL, Mahaut |  | 2008 | F | | 24:35 | 24:43 |
| Espoirs Femmes | | | | | | | | |
| 1. | 5773 | VAESKEN, Pauline |  | 2005 | F | S/L AC VILLENEUVE D'ASCQ | 20:58 | 21:00 |
| 2. | 5359 | CARVALHO, Emma |  | 2004 | F | | 22:00 | 22:14 |
| 3. | 5335 | GILBERT, Carla |  | 2004 | F | | 23:32 | 23:48 |
| 4. | 5380 | KAHTANI, Iman |  | 2005 | F | ATHLE HALLUIN-VAL-DE-LYS | 24:03 | 24:03 |
| 5. | 5597 | OUESLATI LECLERCQ, Malia |  | 2005 | F | | 23:51 | 24:08 |
| Seniors Femmes | | | | | | | | |
| 1. | 5534 | PAQUOT, Salomé |  | 1993 | F | RUN'IN CLUB | 18:51 | 18:51 |
| 2. | 5645 | DELANNOY, Lou |  | 1999 | F | HEM ATHLETIC CLUB | 22:25 | 22:28 |
| 3. | 5436 | VALGRESY, Morgane |  | 1997 | F | | 22:39 | 22:47 |
| 4. | 5554 | Mokson, Louise |  | 2002 | F | | 22:27 | 22:56 |
| 5. | 5521 | RICHARD, Léa |  | 2002 | F | | 22:27 | 22:56 |
| Masters 0 Femmes | | | | | | | | |
| 1. | 5751 | SOCKEEL, Anne-Lise |  | 1989 | F | | 26:04 | 26:17 |
| 2. | 5688 | PERRIER, Sarah |  | 1988 | F | | 26:10 | 26:25 |
| 3. | 5508 | PIELECK, Julie |  | 1988 | F | | 27:15 | 27:41 |
| 4. | 5235 | FATHI, Sarah |  | 1989 | F | | 27:58 | 28:19 |
| 5. | 5697 | CIRRITO, Julie |  | 1987 | F | | 28:58 | 29:25 |
| Masters 1 Femmes | | | | | | | | |
| 1. | 5381 | BIANCHERIN, Emilie |  | 1986 | F | E PAYS FAYENCE ATHLETISME | 22:38 | 22:41 |
| 2. | 5657 | HOLBARD, Melanie |  | 1986 | F | | 22:47 | 23:33 |
| 3. | 5367 | LABONTE, Kelly |  | 1986 | F | | 24:06 | 24:14 |
| 4. | 5314 | VANHOVE, Annabelle |  | 1985 | F | | 26:22 | 26:49 |
| 5. | 5298 | BOURSIER, Hélène |  | 1982 | F | | 27:05 | 27:31 |
| Masters 2 Femmes | | | | | | | | |
| 1. | 5488 | MASQUELIER, Bérangère |  | 1978 | F | ATHLE HALLUIN-VAL-DE-LYS | 19:42 | 19:42 |
| 2. | 5560 | CHRISTIAENS, Caroline |  | 1979 | F | | 23:12 | 23:18 |
| 3. | 5263 | LEGER, Stéphanie |  | 1979 | F | | 25:06 | 25:14 |
| 4. | 5194 | TRAN, Roseline |  | 1980 | F | | 26:12 | 26:46 |
| 5. | 5152 | TRAN, Catherine |  | 1977 | F | Tran | 26:12 | 26:47 |
| Masters 3 Femmes | | | | | | | | |
| 1. | 5699 | MOINET, Linda |  | 1976 | F | RC ARRAS* | 21:00 | 21:04 |

Oxyg'hem 2026





Podiums catégories Course Populaire - 5Km

| Classement | Dossard | Nom Prénom | Nat. | Année | Sexe | Club | Tps Réel | Tps Off. |
|------------|---------|------------------------|---|-------|------|------|----------|----------|
| 2. | 5007 | DOUBLET, Axelle |  | 1972 | F | | 24:36 | 24:36 |
| 3. | 5396 | GILLIARD, Sarah-Esther |  | 1975 | F | | 25:40 | 26:10 |
| 4. | 5379 | GAMBERT, Valérie |  | 1975 | F | | 27:46 | 28:03 |
| 5. | 5524 | BAERT, Sonia |  | 1973 | F | | 28:41 | 28:58 |





Masters 4 Femmes

| | | | | | | | | |
|----|------|---------------------|---|------|---|-----------------------|-------|-------|
| 1. | 5440 | QUINDROIT, Laurence |  | 1969 | F | | 31:06 | 31:11 |
| 2. | 5403 | RYZEK, Christelle |  | 1971 | F | | 31:37 | 31:45 |
| 3. | 5150 | WALLET, Karine |  | 1970 | F | Run santé | 31:44 | 32:00 |
| 4. | 5714 | MILLATT, Lesley |  | 1968 | F | | 32:40 | 33:02 |
| 5. | 5277 | LAOUST, Valerie |  | 1967 | F | CS IBM NORD NORMANDIE | 32:47 | 33:06 |


Masters 5 Femmes

| | | | | | | | | |
|----|------|---------------------|---|------|---|------------------------------|-------|-------|
| 1. | 5547 | CHOMBART, Isabelle |  | 1966 | F | Association sportive du Nord | 24:37 | 24:42 |
| 2. | 5522 | SLIMANE, Moufida |  | 1962 | F | | 28:42 | 28:58 |
| 3. | 5104 | LEFEBVRE, Catherine |  | 1964 | F | ATHLETISME CLUB SECLINOIS | 33:35 | 33:45 |
| 4. | 5300 | CHATAIN, Sylvie |  | 1966 | F | | 35:40 | 36:27 |






Masters 6 Femmes

| | | | | | | | | |
|----|------|----------------------|---|------|---|--------------------------|-------|-------|
| 1. | 5040 | GIRARD, Evelyne |  | 1959 | F | ACVA | 34:34 | 34:44 |
| 2. | 5257 | ROISINE, Hayat |  | 1961 | F | S/L AC VILLENEUVE D'ASCQ | 34:36 | 34:44 |
| 3. | 5276 | SZYMONIAK, Catherine |  | 1958 | F | CS IBM NORD NORMANDIE | 36:21 | 36:40 |
| 4. | 5065 | OLIVIER, Isabelle |  | 1961 | F | | 36:36 | 37:20 |






Masters 7 Femmes

| | | | | | | | | |
|----|------|--------------------|--|------|---|--|-------|-------|
| 1. | 5698 | BILLEAU, Christine |  | 1956 | F | | 32:38 | 33:02 |
|----|------|--------------------|--|------|---|--|-------|-------|






Minimes Garçons

| | | | | | | | | |
|----|------|--------------------|---|------|---|--------------------------|-------|-------|
| 1. | 5578 | FRIGO, Antoine |  | 2012 | M | | 17:19 | 17:19 |
| 2. | 5640 | DEBOSQUE, Baudouin |  | 2011 | M | HEM ATHLETIC CLUB | 18:20 | 18:23 |
| 3. | 5646 | ADJABI, Abel |  | 2011 | M | | 18:46 | 18:46 |
| 4. | 5211 | GUILBERT, Thibault |  | 2011 | M | | 19:00 | 19:01 |
| 5. | 5032 | SAID, Kaïs |  | 2012 | M | S/L AC VILLENEUVE D'ASCQ | 19:12 | 19:14 |






Cadets

| | | | | | | | | |
|----|------|-------------------|---|------|---|--------------------------|-------|-------|
| 1. | 5144 | GUIDEZ, Charlie |  | 2010 | M | | 17:02 | 17:03 |
| 2. | 5517 | DUCHÊNE, Léo |  | 2009 | M | S/L AC VILLENEUVE D'ASCQ | 17:07 | 17:10 |
| 3. | 5630 | GOUBOT, Theodore |  | 2010 | M | HEM ATHLETIC CLUB | 17:55 | 17:57 |
| 4. | 5641 | CARPENTIER, Robin |  | 2010 | M | HEM ATHLETIC CLUB | 18:21 | 18:24 |
| 5. | 5344 | BERGEL, Gabin |  | 2009 | M | FABULOUS TEAM | 18:35 | 18:39 |






Juniors Hommes

| | | | | | | | | |
|----|------|--------------------|---|------|---|---------------------------|-------|-------|
| 1. | 5443 | MAMECHE, Nadim |  | 2007 | M | S/L ASPPT LILLE METROPOLE | 14:42 | 14:42 |
| 2. | 5227 | STERCKEMAN, Maxime |  | 2008 | M | | 17:03 | 17:05 |
| 3. | 5286 | COPPIN, Théophile |  | 2008 | M | US MARQUETTE | 17:30 | 17:32 |
| 4. | 5255 | ROQUETTE, Pierre |  | 2008 | M | | 18:31 | 18:31 |
| 5. | 5131 | BARBIER, Matthieu |  | 2008 | M | | 18:36 | 18:42 |

Espoirs Hommes








































| | | | | | | | | |
|----|------|------------------|---|------|---|--------------------------|-------|-------|
| 1. | 5711 | COUSIN, Noa |  | 2006 | M | USBW | 15:52 | 15:53 |
| 2. | 5393 | HUBERT, Louis |  | 2005 | M | S/L AC VILLENEUVE D'ASCQ | 16:17 | 16:17 |
| 3. | 5536 | PALLARA, Daniel |  | 2006 | M | | 17:06 | 17:08 |
| 4. | 5461 | SALOMEZ, Clément |  | 2006 | M | PIKOLORUNS | 17:26 | 17:29 |
| 5. | 5313 | COSYNS, Gauthier |  | 2005 | M | | 17:32 | 17:34 |

Seniors Hommes

| | | | | | | | | |
|----|------|----------------------|---|------|---|------------------|-------|-------|
| 1. | 5351 | THIEBAUT, Nicolas |  | 2000 | M | S/L US TOURCOING | 15:37 | 15:38 |
| 2. | 5328 | CHAMPENOIS, Dylan |  | 1999 | M | S/L US TOURCOING | 15:37 | 15:38 |
| 3. | 5203 | ALLOY, Sébastien |  | 1993 | M | ETOILE OIGNIES | 15:45 | 15:45 |
| 4. | 5046 | HUBER, Pierre-Mathis |  | 2001 | M | | 16:00 | 16:01 |
| 5. | 5386 | LANSEMAN, Lucas |  | 2002 | M | | 16:24 | 16:24 |

Oxyg'hem 2026

Podiums catégories Course Populaire - 5Km

| Classement | Dossard | Nom Prénom | Nat. | Année | Sexe | Club | Tps Réel | Tps Off. |
|-------------------------|---------|------------------------|---|-------|------|-----------------------------|----------|----------|
| Masters 0 Hommes | | | | | | | | |
| 1. | 5523 | VANDAMME, Nicolas |  | 1991 | M | S/L ASPTT LILLE METROPOLE | 16:30 | 16:31 |
| 2. | 5258 | LENOIR, Julien |  | 1991 | M | | 17:49 | 17:52 |
| 3. | 5668 | NAVON, Ran |  | 1987 | M | | 17:55 | 17:59 |
| 4. | 5225 | FOSSIER, Ludovic |  | 1989 | M | | 17:59 | 18:01 |
| 5. | 5253 | YKHLEF, Charles |  | 1989 | M | | 18:29 | 18:36 |
| Masters 1 Hommes | | | | | | | | |
| 1. | 5029 | BENFIALA, Feissal |  | 1984 | M | S/L US TOURCOING | 17:31 | 17:32 |
| 2. | 5669 | DUPONCHEEL, Quentin |  | 1982 | M | | 18:36 | 18:37 |
| 3. | 5036 | SEILLIER, Nicolas |  | 1983 | M | | 19:56 | 20:08 |
| 4. | 5574 | GROUZELLE, Guillaume |  | 1982 | M | | 22:27 | 22:34 |
| 5. | 5732 | WAREMBOURG, Damien |  | 1983 | M | Damien WAREMBOURG | 23:11 | 23:16 |
| Masters 2 Hommes | | | | | | | | |
| 1. | 5425 | CARPENTIER, Michael |  | 1978 | M | RUSTA | 17:29 | 17:31 |
| 2. | 5738 | TRACKOEN, David |  | 1978 | M | | 18:33 | 18:34 |
| 3. | 5033 | SAID, Djamal |  | 1977 | M | S/L US TOURCOING | 19:11 | 19:13 |
| 4. | 5218 | DUBOIS, François |  | 1981 | M | | 20:57 | 21:03 |
| 5. | 5559 | CHRISTIAENS, David |  | 1977 | M | | 21:56 | 22:03 |
| Masters 3 Hommes | | | | | | | | |
| 1. | 5610 | LATRUWE, Johan |  | 1975 | M | S/L ASPTT LILLE METROPOLE | 16:37 | 16:38 |
| 2. | 5326 | BINET, Jean-Marie |  | 1976 | M | PLANETE RUNNING AND WALKING | 17:54 | 17:55 |
| 3. | 5068 | BASSET, Franck |  | 1976 | M | S/L AC VILLENEUVE D'ASCQ | 19:08 | 19:10 |
| 4. | 5140 | LEGRAND, Ludovic |  | 1976 | M | Foulées Sainghinoises | 20:26 | 20:29 |
| 5. | 5345 | BERGEL, Jerome |  | 1974 | M | FABULOUS TEAM | 21:36 | 21:39 |
| Masters 4 Hommes | | | | | | | | |
| 1. | 5487 | BETRICHE, Hocine |  | 1971 | M | ATHLE HALLUIN-VAL-DE-LYS | 17:28 | 17:28 |
| 2. | 5020 | FIXARD, Pierrick |  | 1969 | M | | 19:22 | 19:24 |
| 3. | 5048 | ZAIR, Nourredine |  | 1970 | M | S/L AC VILLENEUVE D'ASCQ | 19:43 | 19:50 |
| 4. | 5079 | COCHET, Samuel |  | 1969 | M | | 20:57 | 20:57 |
| 5. | 5418 | VANHEE, Bruno |  | 1968 | M | | 22:35 | 23:07 |
| Masters 5 Hommes | | | | | | | | |
| 1. | 5070 | TATIN, Valery |  | 1966 | M | | 19:51 | 19:54 |
| 2. | 5700 | PLOUVIER, Alain |  | 1966 | M | | 20:49 | 20:51 |
| 3. | 5505 | BORNIER, Jean Philippe |  | 1964 | M | HEM ATHLETIC CLUB | 21:23 | 21:27 |
| 4. | 5439 | VAN BOCKSTAEL, Vincent |  | 1962 | M | | 26:09 | 26:15 |
| 5. | 5115 | MERZOUK, Azdine |  | 1962 | M | | 27:36 | 27:51 |
| Masters 6 Hommes | | | | | | | | |
| 1. | 5259 | DRALI, Nasser |  | 1960 | M | S/L US TOURCOING | 21:48 | 21:52 |
| 2. | 5133 | HEULS, Jean-Marc |  | 1958 | M | | 25:27 | 25:47 |
| 3. | 5450 | PRUVOST, Jacques |  | 1960 | M | OSM LOMME ATHLETISME | 30:15 | 30:46 |
| 4. | 5601 | BRAHIMI, Karim |  | 1961 | M | HEM S B B | 32:09 | 32:24 |
| 5. | 5395 | COTELLE, Philippe |  | 1960 | M | | 39:14 | 39:43 |
| Masters 7 Hommes | | | | | | | | |
| 1. | 5072 | VEREUILLE, Didier |  | 1952 | M | | 26:57 | 27:00 |
| 2. | 5339 | VERBEECK, Frederic |  | 1955 | M | | 34:55 | 35:27 |
| Masters 8 Hommes | | | | | | | | |
| 1. | 5400 | OBIOLS, Daniel |  | 1950 | M | Mons Triathlon | 29:44 | 29:54 |
| 2. | 5219 | CROSSON, Alain |  | 1949 | M | | 33:17 | 33:52 |